



ANNUAL REPORT

2018/19



building skills for life

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A NOTE FROM THE CEO

Do the best you can
until you know better.
Then when you know
better, do better.

- Maya Angelou

In 2018/19 our team went about living this beautiful message from the great artist and civil rights activist Maya Angelou.

Since the passing of the Mental Health Bill in 2017, Apni Shala has been actively studying, understanding, and adapting to its programmes. We have worked to infuse our programming with a fresher commitment to what was initially our Life Skills Education initiative. Today, we speak directly to the betterment of spaces nurturing mental wellbeing for our children. Doing so, we have brought more power to schools and celebrated this new law that calls for greater resources, infrastructure, and programme interventions to address mental wellbeing of all people in our country.

Our flagship SEL programme and curriculum and our model school (Khoj Community School) speak ever more boldly and confidently about mental health, and strive to persistently spread awareness about mental illness and stigma.



We have training programmes to bring greater awareness and agency in our systems to support diversity in culture, gender and sexual identities, language and so many other aspects of society that make us all unique and yet the same.

Throughout this year, one thing inspired me to keep going - and that is the faith my team has shown in the presence of every challenge and hurdle. I am both humbled and in awe of their commitment, ownership, and incredible joy they bring with them each and every day. And I extend my gratitude to them - nothing would have been possible without this small community of learners, doers we have at Apni Shala, leading change from the front.

In the hope of continued work and happier communities, I present our year 2018/19.

A handwritten signature in dark ink, appearing to read 'Amrita Nair'. The signature is stylized with a long horizontal stroke extending to the right.

Amrita Nair



OVERVIEW



We strive towards building a replicable and wholesome approach to promotive and mental health programming in education settings



This year, we worked with
3100 children, youth, and educators
in collaboration with government
schools, private schools, and NGOs.

Since our inception in 2013, we have
engaged **8000 individuals** in Mumbai
and across India through our initiatives.



SCHOOL SEL PROGRAMME

The School Social Emotional Learning (SEL) Programme focuses on building knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

This year our facilitators continued to design and deliver experiential learning based SEL workshops for students for 25 weeks of the school year for standards 1 to 9. Our school-wide interactive campaigns on topics such as kindness, bullying, self-care, inclusion, and diversity brought both students and educators to engage in conversations related to mental wellbeing and SEL. Parents and caregivers also engaged in workshops and continued playing an integral role in nurturing social and emotional skills in their children.

respecting diversity	dealing with conflicts	bullying
gender	decision making	responsibility
individual differences	empathy	addiction
teamwork	social awareness	relationships

6
grades 4 - 9

2969
children

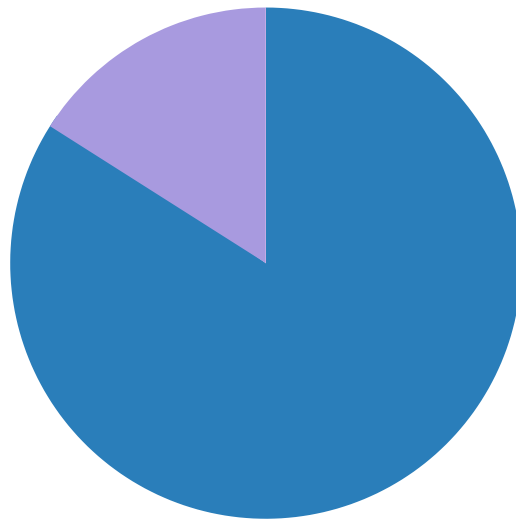


132
classrooms

16
schools

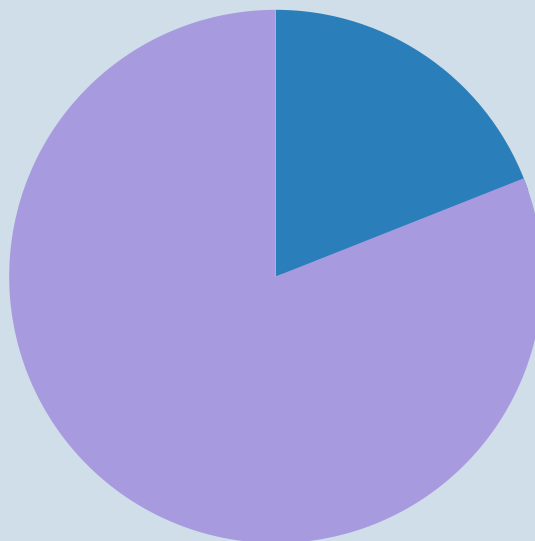
IMPACT

**Children
showing
increase in
at least 1 skill**



84%

**Children
showing
increase in
all 5 skills
assessed**



19%

Data from School SEL Programme





PERSONAL AND PROFESSIONAL DEVELOPMENT



170

EDUCATORS, STAFF, AND
COUNSELLORS TRAINED
THROUGH 2 PROGRAMMES

1. SEL Shala

This programme creates an immersive experience and a space for deeper self-reflection for educators. They identify and use simple facilitation styles that enable them to become role models for SEL while creating an environment free of judgment and conducive to learning

- Teachers at Mumbai Mobile Creche trained to learn skills to facilitate SEL classes with their children
- Teachers at Nashik Cambridge School engaged in a year-long training to unpack Self Awareness as an SEL competency
- Our annual engagements with post-graduate students of the M A Counselling program at TISS, Mumbai



2. Diversity Shala

For 3 years, this programme has helped build capacity in individuals to support diversity and inclusion within educational spaces. Based on the philosophy and framework provided by National SEED Project situated at Wellesley College, Wellesley, USA, Diversity Shala facilitates training for participants to create multiculturally equitable, socio-economically aware, and globally informed workspaces in any sector.

- Mental Health professionals at Ummeed Child Development Centre came together to share their own experiences of gender and sexuality, the systemic nature of discrimination and how can we build agency and action.
- SEED seminars for greater self-reflection and personal and professional development of the Fellows, and all our staff continued throughout the year!



KHOJ COMMUNITY SCHOOL



Why we started our own school

Khoj Community School (Khoj) is Apni Shala's initiative to create a space for high-quality education for children in the Govandi/Mankhurd region of Mumbai. Khoj aims to become a model space for professional development and research set in the Indian context for integrated curriculum and pedagogy for whole-school SEL integration.

Year Overview

Khoj began its 2nd year of operations on 11th June, 2018. In 2018/19, Khoj school worked with 50 children and their families, with 26 students in junior and 24 in senior kindergarten, respectively. On Sundays, Khoj also worked on Youth-based Social Emotional Learning initiative with 20 participants (15-20 yrs) from Lallubhai Compound and around.

Khoj uses The Akanksha Foundation's K-2 curriculum as its base, with two significant updates, keeping Khoj's philosophy in mind: Multilingual instruction (Hindi, Marathi and English) and Whole-school integration for Social Emotional Learning (SEL).

This year we also:

- Introduced a school uniform!
- Presented Khoj at Early Childhood conference for inclusive practices in Delhi
- Engaged students from American School of Bombay, University of Notre Dame and Think Global School
- Partnered with Foundation for Mother and Child Health for nutrition coaching for parents

Themes/Topics of learning for Jr and Sr Kg

SEL and Thematic Learning	relationships	making choices	asking for help	
	learning about myself	how do I solve a problem?	sharing and working with others	
	who is my family?	my identity and where I come from	who is my community and why?	
	health and hygiene			
	my body + 5 senses	earth, animals, water, trees, planets, sun, moon		
	observing changes in a stone and a leaf over a period of time			
English Language Development	Maths	Art and Music	Physical Development	

2

grades

52

children

86%

student attendance

77%

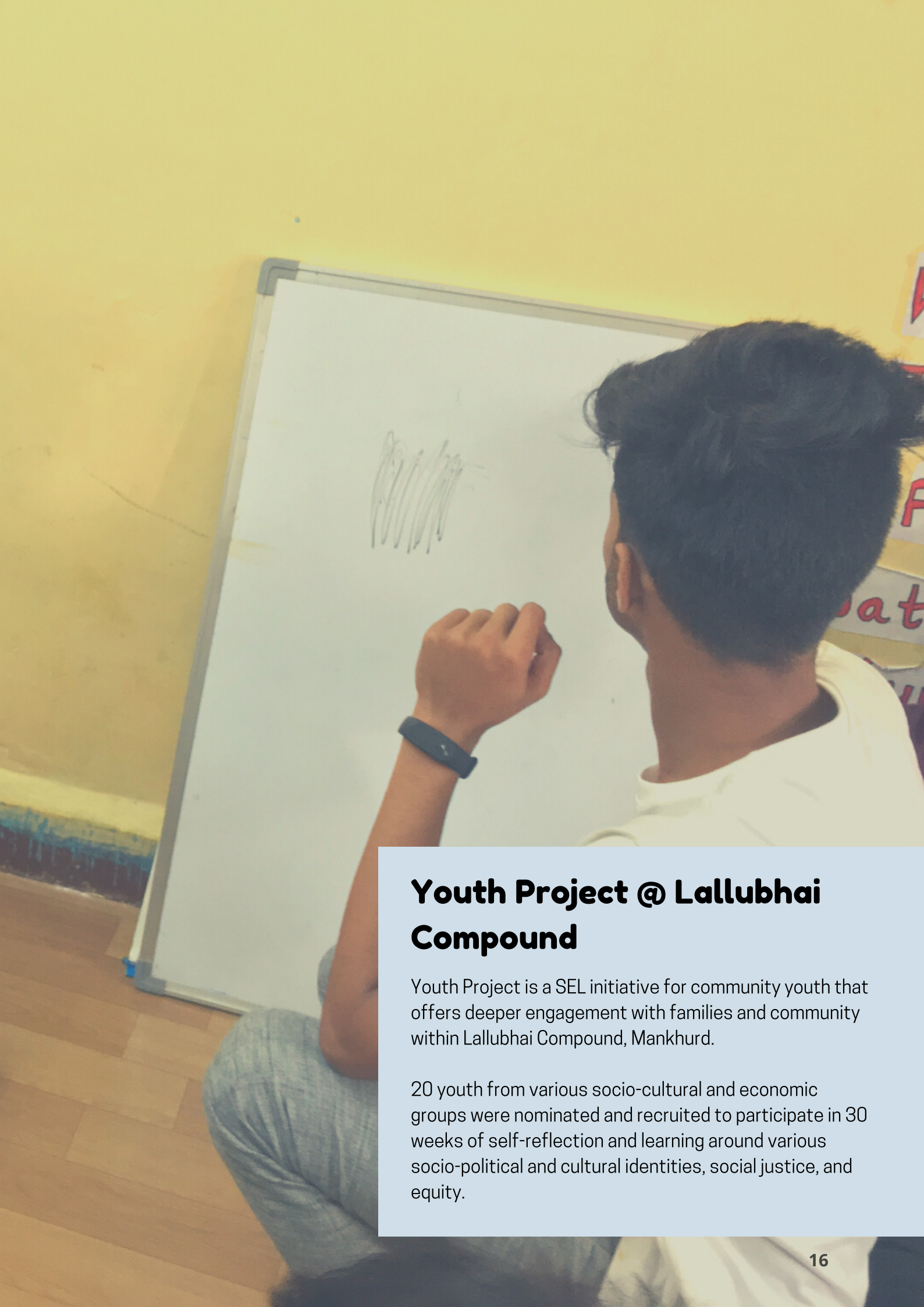
caregiver attendance



Khoj Yatra, an annual showcase of our children's learning, celebrated our students in kindergarten and youth project. The event was attended by over 250 students' caregivers, community members,, donors, volunteers and supporters.



Khoj's very first sports day was themed around developing collaboration between Jr. and Sr. KG students, improving motor skills and physical development, and celebrating school!



Youth Project @ Lallubhai Compound

Youth Project is a SEL initiative for community youth that offers deeper engagement with families and community within Lallubhai Compound, Mankhurd.

20 youth from various socio-cultural and economic groups were nominated and recruited to participate in 30 weeks of self-reflection and learning around various socio-political and cultural identities, social justice, and equity.



PARTNERS AND FUNDERS

Thanks to our generous funders

Wekare Society

Malkani Family
Foundation

PTC Holidays
Pvt Ltd

The Rami Investments
Pvt Ltd

Choksi Charity
Foundation

Outdoor Advertising
Professionals (I) Pvt. Ltd

Rami Holdings Pvt Ltd

Rise Infinity Foundation

MIV Investment Services
Pvt Ltd

N.A. Sportz Interactive
Pvt. Ltd

and to our implementation partners this year

MCGM

Tata Institute of Social
Sciences

Angel Xpress

Spark-A-Change
Foundation

Nashik Cambridge
School

Guru Nanak School

Ummeed Child
Development Centre

and to our knowledge partners and supporters

Akanksha
Foundation

City as Lab

The National
SEED Project

Atma

Raviraj Shetty (Ummeed
Child Development
Centre)

Reniscience Education

GuideStar India

Pravah

Sterling Talent Solutions

TAG Vinnatti

UnLtd India

We are so grateful to these individuals who supported our work through their donations

Murali Nair	Srilalitha Nair	Shachi Wadhawan
Sanjay Desai	Siddharth Ravishanker	Vikram Parekh
M S Krishnamoorthy	Abhishek Roy	Parul Zaveri
Neelam Kumar	Oritha Bhadra	Jaishree Rao
Sundarraaj Kaushik	Saroja Krishnamurthy	J M Joseph
Jogesh Chawla	Zakir Abdul Karim Halde	Niketa H Mistry
Vinay Kumar	Rajat Singh Rathore	T R Kesavan
Sourav Kundu	Achla Sawhney	Meenakshi Shedde
Arun Agarwal	Smita Ashok Nadkarni	Avinash Gangadhar Joshi
Vaishali Nambiar	Radha Harish Subramanian	Vilash Kesheo Mandlek
Raghuvir Varvatkar	Kailas Dinkar Nadkar	Poorvashree Shivanand Hiremath
Emmy Howe	Mayur Gaikwad	Hormuzd Rayomand Mulla
Abhishek Kunden	Jaiprakash S Shrivastav	
Shreya Deb	Shishir Kumar	and many more!
Sonali Joshi	Anurag Sharma	
Madhusudan Gopinath	Ojaswini Datart	
Harpreet Singh	Sanjeev Bajaj	
Sachin Nambeear	Rajesh Shaiva	
Murali Nair	Shunmuga Sunder	
Riddhi Shah	Suneet Nagar	
Avinash Gehi	Shri Mayank U Gala	



FINANCIALS

Auditor's Report



RAJESH K. JAIN & CO.

Chartered Accountant

Office No.314, Ground Floor, Goyal Trade Centre, opp. HDFC Bank,
Shantivan, Borivali (E), Mumbai-400066
MOBILE 9321 937 052, 9022 276 249

AUDITOR'S REPORT

We have examined Balance Sheet of **APNI SHALA FOUNDATION** as at **31st March, 2019** and the Income and Expenditure Account for the year ended on that date, which are in agreement with the books of account maintained by the said Trust. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with the generally accepted auditing standard in India. These standards required that we plan and perform the audit to obtain reasonable assurance whether the financial statements are free from material misstatements. We have obtained all the information and explanations, which to the best of our knowledge and belief were necessary for the purposes of our audit. In our opinion, proper books of account and records as necessary have been kept by the Trust, so far as appears from our examination of those books

In our opinion and to the best of our information and according to the explanations given to us, the accounts give a true and fair view: -

- (i) In the case of the Balance Sheet, of the state of affairs of the Trust as at 31st March 2019.
- and
- (ii) In the case of the Income & Expenditure Account, of the Surplus for the year ended on that date.

For Rajesh K. Jain & Co
Chartered Accountants

Rajesh Jain
Proprietor

Membership No: 135295

Place: Mumbai

Dated: September 12, 2019

UDIN: 19135295AAAAAU9966



Balance Sheet as on 31 March 2019

SCHEDULE VIII

[Vide Rule 17 (1)]

The Bombay Public Trusts Act, 1950.

Name of the Public Trust : APNI SHALA FOUNDATION

Registration No. - E - 29950 (MUMBAI)

Balance Sheet as at 31.03.2019

LIABILITIES & ADVANCES	AMOUNT	AMOUNT	PROPERTY AND ASSETS	AMOUNT	AMOUNT
Trust Funds or Corpus :-			Immovable Properties:- (at cost)		
Balance as per last Balance Sheet	5,44,100		Balance as per last Balance Sheet	-	
Add : For life Membership		5,44,100	Additional during the year	-	
			Less : sale during the year	-	
			Depreciation up to date	-	-
Other Earmarked Funds :-			Investments :-		
As per last Balance sheet	8,50,000		Fixed Deposit with Yes Bank	6,37,482	
Add: Add this year	-	8,50,000	Add:- Accrued Interest	39,591	6,77,073
(Created under the provision of the trust deed or scheme or out of the Income)					
Depreciation Fund	-		Fixed Assets :-		
Sinking Fund	-	-	Balance as per last Balance Sheet	22,584	
Reserve Fund	-	-	Additional during the year	-	
			Less : Sales during the year	-	
Loans (Secured or Unsecured) :-			Depreciation up to date	(9,034)	13,550
From Trustees	-		Current Assets Loans Advance		
From Other	-	-	Security Deposit For Rent		1,00,000
			Advance to Creditor		36,698
Liabilities :-			Income Outstanding :-		
TDS Payable	58,149		TDS Receivable		54,441
For Sundry Credit Balance	5,84,309	6,42,458			
			Cash and Bank Balances :-		
Provision :-			a) Cash In Hand	46,061	
Provision for Audit fees	35,400		b) In Saving Account with Yes Bank	25,77,228	
Other Provision	-	35,400	In Saving Account with Axis Bank	6,44,891	
			c) with the trustee	-	
Income and Expenditure Account :-			d) with the Manager	-	32,68,180
Bal. as per last Balance Sheet	2,38,954				
Less : Appropriation , if any	-				
Add : Surplus	18,39,030				
Less : Deficit (As per I & E A/c)	-	20,77,984			
Total		41,49,942	Total		41,49,942

As per our report for even date

For Rajesh K. Jain & Co

Dated: September 12, 2019

Firm Registration No- :131463W

Rajesh Jain

Proprietor

Membership No. : 135295

Place: Mumbai

Dated: September 12, 2019

Digital rendition of original signed document

Income & Expenditure 2018/19

SCHEDULE - IX [Vide Rule 17 (1)]

The Bombay Public Trusts Act, 1950.

Name of the Public Trust : APNI SHALA FOUNDATION

Registration No. - E - 29950 (MUMBAI)

Income and Expenditure Account for the year ending 31.03.2019

EXPENDITURE	AMOUNT	AMOUNT	INCOME	AMOUNT	AMOUNT
To Expenditure in respect of properties :-			By Rent (Accrued and realised)		-
Rates,Taxes,Cesses	-		By Interest (Accrued and realised)		
Repairs and maintenance	-		On Fixed Deposits	43,990	
Salaries	-		On Bank Account	59,875	
Insurance	-		On Loan	-	
Depreciation	-		On Securities	-	
Rent Expense	-		On recurring Deposit	-	1,03,865
Other Expenses	-	-			
To Establishment Expense (As per Schedules "C")		8,01,940	By Donations in cash or kind		
To Remuneration to Trustee		-	Donation - Institutions (As per Schedules "A")	18,26,160	
To Audit Fees		35,400	Donations- Individual	34,07,210	52,33,370
To Depreciation (As per Schedules "D")		9,034	By Grants (As per Schedules "B")		40,13,433
To Amount transferred to Reserve or specific funds.			By Income from other sources		
To Expenditure on object of the Trust :-			School Fees	1,12,200	
a. Religious	-		Training Fees	1,45,740	
b. Educational (As per Schedules "E")	69,24,854		Other Income	1,650	2,59,590
c. Medical Relief	-				
d. Relief of poverty	-				
e. Other Charitable objects	-	69,24,854			
e. Other Charitable objects	-				
To Surplus carried over to B/S.		18,39,030			
TOTAL		96,10,258	TOTAL		96,10,258

As per our report for even date
For Rajesh K. Jain & Co
Chartered Accountants
Firm Registration No- :131463W
Dated: September 12, 2019

Rajesh Jain
Proprietor
Membership No. : 135295
Place: Mumbai
Dated: September 12, 2019

Digital rendition of original signed document

Schedules

APNI SHALA FOUNDATION		
INCOME TAX ASSESSMENT YEAR 2019-2020		
(PREVIOUS YEAR ENDED 31st MARCH, 2019)		
SCHEDULES FORMING PART OF ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2019		
Particulars	Amount	Amount
SCHEDULE A		
Donation Received - Institutions		
MIV Investments Services	2,58,600	
United way of Mumbai	3,46,501	
Omidyar Network India Advisor Pvt. Ltd	7,09,250	
Spark-A-Change Foundation	68,000	
Letz Change Foundation	1,19,401	
N A Sports Interactive Pvt Ltd	1,15,000	
Others	2,09,408	18,26,160
SCHEDULE B		
Grants		
Cholcsi Charity Foundation	12,00,000	
Malkani Foundation	20,78,000	
Rotary Club	3,38,603	
Wekare Society (An initiative of Capgemini Employees)	3,96,830	40,13,433
SCHEDULE C		
Establishment Expense		
Bank Charges	6	
Communication And Fund Raising Expense	52,000	
Electricity Expense	37,229	
Interest on TDS	8,260	
Office Expenses	39,383	
Printing Stationery Expense	37,311	
Professional Fees	1,47,850	
Rent Expense	3,74,154	
Repairs And Maintenance	57,729	
Staff Welfare Expense	7,505	
Telephone Expense	12,457	
Travel & Food Expense	26,640	
Website Expense	1,416	8,01,940
Depreciation		
Depreciation on Computer @40%	8,792	
Depreciation on Project Books @40%	242	9,034
SCHEDULE E		
Educational Expenditure on object of the Trust :-		
I. Social Emotional Learning Program (SELP) for Students		
Program Admin Expenses	97,300	
Fees for Programme Facilitation	39,42,168	
Communication Expenses	3,29,850	
SELP Event Expenses	70,441	
Team Travel & Food Expenses	92,299	
Training & Capacity Building	1,75,973	
Total I	47,08,031	
II. School		
Fees to Teachers and Support Staff	20,34,056	
School Event Expense	4,725	
School Office Expenses	15,366	
Printing & Stationery Expenses	16,319	
Classroom Rent Expenses	91,065	
Repair & Maintenance	23,222	
Team Travel & Food Expenses	32,070	
Total II	22,16,823	
Total (I + II)		69,24,854

IDENTITY

Address

Registered:
201, Anand Villa, Buddha Mandir Road, Parel (E), Mumbai - 12

Contact:

61/C, first floor, D.N. Road, Near Saraswati Mahavidyalay, Kamgar Nagar, Kurla (E) - 400 024

Bank:

YES Bank, Ground Floor, Shrikant Chambers, Adj R K Studio, Sion Trombay Road, Chembur, Mumbai - 400 071

Auditor:

For Rajesh K. Jain & Co Chartered Accountants
Firm Registration No - :131463W

PAN: AAETA 0041 P

Trustees

Dr. Disha Devi Prasad Nawani
Age: 48
Occupation: Associate Professor, School of Education, TISS

Amar Deep Singh
Age: 33
Occupation: Senior Business Development Manager, Amazon.in

Shachi Wadhawan
Age: 37
Occupation: General Manager and Head, India Access Strategy and Development for Tata Communications

Chetna Duggal
Age: 40
Occupation: Assistant. Professor, Centre for Human Ecology, TISS

Advisory Board Members

Kavita Anand
Executive Director, Adhyayan Quality Educational Services

Fiona Reynolds
Deputy Head of School, American School of Bombay

Caroline Nagar
Director, Student Enrichment, The Akanksha Foundation

Anand Nair
Director-Operations at TAG Vinnatti

Executive Team

Employees: 17
Fellows: 7
Volunteers and Interns: 30



building skills for life

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apnishala.org/donate

apnishala.org/work-with-us